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A REASON TO GET SAUCY

THIS STEAK WITH CREAMY CAMBOZOLA SAUCE IS SURE TO PLEASE YOUR FAMILY AND FRIENDS **PAGE 35**



Parking warning at the airport

Lock up your vehicle if you're taking it to the Calgary International Airport: Police **PAGE 3**

Political fixture Bob Rae resigns

Rae said he is leaving politics to focus on his new role as chief negotiator for First Nations **PAGE 15**

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One function of a new app under development will be the ability to report parking violations, including people who leave their vehicles in spaces reserved for the disabled, according to the Calgary Parking Authority. ROBSON FLETCHER/METRO

Bad park job? There will be an app for that

Accessible spaces. Current fines range from \$200 to \$300, depending on how quickly you pay

Seeing well over 100 violations a week, the Calgary Parking Authority (CPA) is taking steps to discourage able-bodied people from parking in spaces reserved for the disabled, including a smartphone app that will allow citizens to report offenders.

"When we launch our multi-platform app, people will be able to report various infractions," CPA general manager Troy McLeod told Metro. "One we want added is accessible parking."

But Sharon Polsky of the Rocky Mountain Civil Liberties

Association bristled at the idea of software designed for "having citizens spy on each other."

"It's just another piece in the puzzle that's giving this overall uncomfortable feeling," she said.

Polsky also noted many people don't realize how much geographic and personal information they convey when they send messages or images by smartphone.

The CPA issued a reminder to Calgarians Wednesday to respect accessible parking zones after observing what enforcement manager Miles Dyck described as a clear trend in the frequency of violations, despite no changes in enforcement practices.

Metro first reported on the trend in May, at which time the CPA had seen more than 2,600 violations for the year, or roughly 153 a week.

As of Wednesday, the CPA reported 3,284 violations for the year, bringing the average down to 137 a week.

That's part of normal "seasonal trends," Dyck said, as violations tend to be higher in the winter when accessible spaces become more tempting to drivers wanting to park close to their destinations.

The parking authority saw a total of 7,130 violations in 2012, 6,079 in 2011 and 6,010 in 2010.

While the multi-use app is still under development, Dyck said people can always reach CPA enforcement by calling 403-537-7100 and selecting option two.

"If an individual does observe a vehicle in violation, they can call that line and our dispatcher will send an officer to investigate," Dyck said.

ROBSON FLETCHER/METRO



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Budget cuts. Minister denies tech schools were spared

Word that not all cuts were equal among Alberta post-secondary institutions in the March budget is drawing criticism and urging for a review of funding models.

Metro first reported Wednesday that while the average cut to colleges, polytechnics and universities was the previously reported 7.3 per cent, some technology and trades-focused institutions will actually see an increase in technical funding.

Institutions like NAIT and SAIT, for example, will take overall cuts of 5.6 per cent, while Grant MacEwan University and Mount Royal University will see reductions of nine per cent.

"I get nervous any time the government picks winners and losers," said Wildrose education critic Bruce McAllister. "I would ask them (the ruling Tories) to put themselves in the shoes of anybody running one of those other schools ... everybody is going to be scratching their heads wondering why one program is more important than the next."

Also included in data provided by the province to Metro first was data showing five independent university-colleges and the Banff Centre will see their Campus Alberta grant remain intact; however, those schools do not receive infrastructure and health and wellness funding.

Advanced Education Minister Thomas Lukaszuk was not available for comment Wednesday; however, Metro did speak with him last week while waiting for data to be provided by the province.

Lukaszuk said schools spared of slashes to funding "were simply not in financial position to absorb any cut."

But Doug Short, faculty association head at NAIT, deemed the lack of cuts at those sites "certainly curious." He also said a review of equity in the system is needed, but noted all programs are not alike.

Lukaszuk, meanwhile, denied that any preferential treatment was being given to technology schools. But the province has made it clear it hopes to increase apprenticeship seats in the post-secondary sector and directed research-focused institutions to direct more effort towards revenue generation.

JEREMY NOLAIS/METRO, WITH FILES
FROM ANNALISE KLINGBEIL/METRO



Acting Insp. Mike Bossley said drivers need to lock their doors when parking at the airport — or anywhere in the city — following a series of thefts at the airport. KATIE TURNER/METRO

Lock your car at airport, say police

Rash of thefts. Cops say six youth face slew of charges following investigation into vehicles stolen from Calgary's airport



KATIE
TURNER
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After a rash of car thefts and prowlings at the Calgary International Airport, police are

reminding drivers to lock up.

Following an investigation that began in October 2012, Acting Insp. Mike Bossley with the youth services unit said six youth are facing more than 45 charges after allegedly stealing more than 20 vehicles from the long-term parkade at YYC.

Bossley said it was a "crime of opportunity" as many of the stolen vehicles were left unlocked, and many drivers even left the keys inside.

"Make sure you lock your doors, make sure you lock up your windows, don't leave your keys inside the vehicles

Charges

45

Acting Insp. Mike Bossley with the youth services unit said six youth are facing more than 45 charges after allegedly stealing more than 20 vehicles from the long-term parkade at YYC.

and don't leave valuables in sight," said Bossley.

The vehicles were used for joyriding, according to Bossley, and all were recovered.

Jody Moseley of the Cal-

gary Airport Authority said they worked with the Calgary Police Service's Crime Prevention Unit to come up with a plan for additional security measures.

"We think our best line of defence is really monitoring," she said.

Without commenting on new security measures, Moseley said officers and security personnel will continue to monitor the parkades.

As well, security cameras at the entrances and exits of the parkades will also continue to be used.

Lougheed gravesite vandalized

Staff at Calgary's Union Cemetery returned to work from the weekend to find someone had taken a marker and vandalized the monument at the head of the gravesite for members of the famed Lougheed family.

Former Alberta premier Peter Lougheed was buried at the site last September.

Cemetery Supt. Gary Daudlin said the mess was quickly cleaned up and surviving family members were notified.

"This is a random thing — it does happen," Daudlin

said. "We live in a big city and it's easy access because cemeteries are open to the public."

Some "rubbish" was found near the gravesite as well, but Daudlin said it's unclear whether it was connected.

It's believed the Lougheed monument was the only one vandalized and crews cleaned it Monday, Daudlin said.

"We try to deal with it immediately to lessen the impact," he added.

JEREMY NOLAIS/METRO



The Lougheed family monument is seen Wednesday after crews worked Monday to clean markings left by vandals. JEREMY NOLAIS/METRO

How do other cities cycle?

A look at five major urban centres across Canada and what they're doing to get people on bikes

KATIE TURNER/METRO

Edmonton

In 2011, the City of Edmonton put forward a plan to install nearly 500 kilometres of on-street cycling facilities over the coming decade. The city website says it has "117 km of signed only street oriented bicycle facilities." There is no bike-share program. Kilometres of bike infrastructure: 117 km, according to Edmonton.ca.



Toronto

The City of Toronto is developing a 1,000-kilometre Bikeway Network, according to Toronto.ca. The network will use on-street bike lanes and pathways and, "when completed, all Toronto residents will be within a five-minute bicycle ride to the Bikeway Network," the website says. Toronto has a bike-share program. Kilometres of bike infrastructure: about 560 km of existing bike-ways, according to Toronto.ca.



Montreal

The city has an extensive cycling network and a bike-share system called BIXI, with more than 400 stations and more than 5,100 bikes for people to rent and ride all around the city. This year and next, the city plans to execute about 40 projects that will add to the existing infrastructure. Kilometres of bike infrastructure: more than 600 km of cycling networks, with plans to expand to 800 by 2016.



Vancouver

Cycling is the fastest-growing mode of transportation here, according to the city, with 40 per cent growth in bike trips between 2008 and 2011 alone. In 2010, the city introduced bike lanes separated by concrete medians and bike parking corrals for vehicular parking spaces. Bike share is expected for summer 2014. Kilometres of bike infrastructure: more than 300 km, according to reports.



Calgary

Calgary is rolling out a cycling strategy, approved in 2011, that outlines 50 actions for the short, medium and long term. The city is constructing its first separated bike lane on 7 Street S.W. It's expected to be completed in July. For more on cycling in Calgary, go to metronews.ca. There is no bike-share program. Kilometres of bike infrastructure: more than 707 km of pathways, and 355 km of on-street signed bicycle routes, according to Calgary.ca.



Calgary on track to become bike city: Expert

Public forum. Architect predicts city will have 'fantastic cycle network' in 10 years



KATIE TURNER
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Cycling expert Steve Durrant has toured many cities across North America on two wheels, and after a brief stop in Calgary, the Seattle-based architect sees potential.

Durrant is one of the owners of Alta Planning and Design, which specializes in pedestrian and cycling pro-

jects across Canada and the United States.

As part of a series of cycling forums hosted by the City of Calgary, Durrant spoke on Wednesday about how to make Calgary more bike-friendly.

"Calgary is still on the leading edge of cities its scale," he said.

While Durrant said the city is something of a late-adopter compared to cities of similar size such as Denver, he said new developments in the cycling industry in the past two years make now a good time to add infrastructure.

"Ten years from now, I think Calgary's going to have a really fantastic cycle

network for all ages and abilities that is going to serve all of the city," he said.

Calling from Vienna last week, Calgary's cycling co-ordinator Tom Thivener said there's a lot of information-sharing going on between cities at the Velo-city 2013 conference.

"All the cities over here are facing the same battles — how do we make cities bike-friendly after planning just for the automobile for three or four decades straight," he said.

"We know we need to increase the facilities and education and all that stuff if we want to keep up and keep the progress going."



Cycling co-ordinator Tom Thivener says the 7 Street S.W. cycle tracks that began construction recently, and which pictured behind him, are just the beginning of a larger network. METRO FILE

Changing gears: Day 4

I'M STARTING TO GET QUICKER AT THIS



ROBSON FLETCHER
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Work shift and whatever works — that was my motto for Day 4 of cycle commuting.

The first half refers to the practice of deliberately shifting one's schedule so as to avoid peak commuting times. And while I normally don't commute right in the dead of rush hour, I often catch the tail end of it.

But Wednesday I spent the morning covering city hall from home, via live-streaming video of the transportation and transit committee meeting, while sending emails and making calls on my cellphone.

Around noon, I set out for the office, opting to take the most efficient route based on what I learned on Day 1 to Day 3.

That turned out to be: Riding up Macleod Trail, catching the LRT at 39 Avenue, transferring at city hall, getting off at Franklin station and riding a final stretch to the office. Total travel time: 35 minutes.

On the way home, with a thunderstorm brewing overhead, "whatever works" was particularly imperative.

I chose a return route that passes through the Barlow/Max Bell LRT station, with the intention of riding through and onto the Bow River pathway if a train was not due shortly.

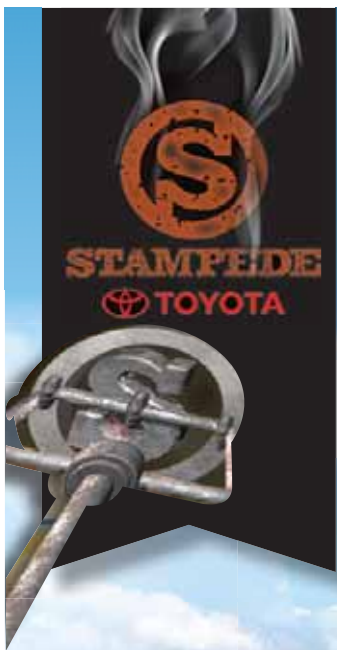
Fortunately for my legs, a westbound train was just arriving, and then I happened to just catch a southbound train when I transferred at city hall.

I got a little wet as I finished the ride on Macleod, but made it home mostly dry and in just 38 minutes.

More on the web

- To see Day 4 of Robson Fletcher's cycle commute — via his chest-mounted GoPro video camera — visit MetroNews.ca and click on the "Cycling in Calgary" link on the "Trending" bar.





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No change to speed laws: Province

Ongoing debate.

While Edmonton's chief of police is calling for stiffer penalties, Alberta's justice minister says there is no need



**RYAN
TUMILTY**
Metro in Edmonton

Excessive speeding laws the Alberta government is resisting have led to tens of thousands of vehicle seizures in other provinces, where they've also seen dramatic reductions in traffic fatalities.

Earlier this week, Edmonton police Chief Rod Knecht again called for new laws allowing police to seize vehicles when drivers speed more than 50 km/h over the limit.

Alberta Justice Minister Jonathan Denis rejected the idea, saying police are already empowered to seize

vehicles and he is not convinced new laws would have an impact on drivers.

Ontario has seen a 36 per cent drop in speed-related traffic fatalities since implementing a law in 2007, according to information from the province's transportation ministry.

Ontario has issued 31,000 seven-day seizures, with a peak around 8,000 in the first year and gradually declining to about 4,500 in 2012.

B.C. implemented its law in 2010, and speed-related traffic fatalities fell from 167 in 2007 to 96 in 2011. They have also impounded 17,000 vehicles since 2010.

Alberta Transportation spokesperson Parker Hogan said the government believes there isn't a need for new laws.

"There are already sections of the traffic safety act that allow police to seize vehicles," he said.

According to government reports, Alberta is seeing a big drop in traffic

Speed demons

515

According to Edmonton's police department, 515 people were given tickets in 2012 for speeding in excess of 50 km/h.

fatalities, with 285 in 2011 compared to 402 in 2007.

The percentage of traffic fatalities where speed was a factor has stayed consistent, however, at about 26 per cent.

Hogan said education and awareness are important to bringing about change.

"It is up to the people who are actually doing the driving."

Knecht said he is going to keep advocating, but that the public will also have to make it clear they want change.

"At the end of the day, the public will make that decision with the legislators."



The Alberta Association of Police Chiefs called for the province to implement new laws that would allow officers to seize vehicles at the roadside. METRO FILE

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Alternative approach. Focusing preventative health care on unhealthy could save billions: Study

Billions of dollars could be saved in Canada's health-care system with the introduction of preventative programs that focus on those individuals in poor health, says a study by the School of Public Policy at the University of Calgary.

"Canadian medicare, with its focus on illness treatment, has made illness and disease a growth industry," lead author Herb Emery told reporters Wednesday.

"It's one of the fastest growing parts of our public system ... Where we see retraction in education and other areas, we're seeing continual five per cent growth per year in treating illness and we can't keep up with demand."

The report evaluates the costs and benefits of an alternative approach by examining the preventative health-care program run by Pure North S'Energy

Findings

- The report found the annual health-care bill for a Canadian in poor health is more than \$10,000 higher than for someone in good health.
- The Pure North program achieved positive health outcomes at a cost of \$2,300 per participant — far less than treating people once they become sick.

Foundation, a not-for-profit organization that pays for and provides personalized, preventative health-care services.

It includes lifestyle counselling, dietary supplements and dental services for Albertans from groups of people who tend to be in poor health. **THE CANADIAN PRESS**

New hope for restoration of Eamon's building

Heritage. Eamon's gas station once stood as the final outpost for Calgarians travelling to Banff by car



ROBSON FLETCHER
robson.fletcher@metronews.ca

New hope emerged for supporters of the old Eamon's building Wednesday, with a vote of confidence from aldermen and an expression of interest from a major restaurant company.

Creative Restaurants Calgary is considering turning the old gas station — now owned by the city and currently in storage away from its original site — into a new establishment, according to president Stephen Reid.

"Calgarians like their history and they often make



The Eamon's Bungalow Camp sign will be preserved, but the fate of the building is still up in the air. **METRO FILE**

cool restaurants," Reid told Metro. "We also feel it is part of our responsibility to the community that has treated Creative so well."

The company is behind numerous local restaurants, including Catch at the Hyatt and CIBO on 17 Avenue.

A city committee also voted

Price tag

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The estimated cost of installing services to the site where the Eamon's building could go. The city plans to recoup the cost from leasing fees for it or another development there.

Wednesday in favour of installing utility services to the site at the soon-to-be-built Tuscany LRT Park and Ride, where the building could be re-located near its original home.

"There is a fair amount of public support for preserving the Eamon's building," said Ald. Dale Hodges, whose north-west ward includes the site.

Calgary Heritage Initiative Society president Cynthia Klaassen said the building "represents the history of auto mobility" and ought to be preserved.

"Incorporating it into a new transit stop is a no-brainer, in my mind," she said.

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| MATHEMATICS | | | Teacher: J. Smith |
|---|-------|---|--|
| Report | Level | We have been working on developing number sense. Sarah has demonstrated an understanding of place value when representing, describing, comparing and ordering numbers to 10 000, concretely and pictorially. She needs to work on her understanding place value when using expanded notation to compare numbers. | |
| 1 | AC | | |
| 2 | AC | | |
| 3 | | | |
| SCIENCE | | | Teacher: J. Smith |
| Report | Level | During the Waste and Our World Unit, the class investigated and shared practical and developed possible solutions as to how to decrease the waste we accumulate. demonstrated a thorough understanding of how our daily activities can help reduce we have by reducing, reusing and/or recycling. She is working on developing self-confidence in communicating and applying her thoughts and ideas during class discussions. | |
| 1 | NY | | |
| 2 | AC | | |
| 3 | | | |
| SOCIAL STUDIES | | | Teacher: J. Smith |
| Report | Level | Students have been exploring how Albertans' impact with their environment. She demonstrated care and concern for the environment and the principles of active citizenship when she wrote a persuasive letter to the Premier to express her views about how resources are used by Albertans. Sarah's next step is to analyze how Albertans do competing demands on land use. | |
| 1 | AC | | |
| 2 | AC | | |
| 3 | | | |
| ART | | | Teacher: J. Smith |
| Report | Level | During this reporting period, we have been working on developing drawings to show differences in natural forms. Sarah has consistently been able to draw a series of drawings of an environment changed by a natural force. I hope to see Sarah continue to use various ways of expressing her creativity. | |
| 1 | AC | | |
| 2 | AC | | |
| 3 | | | |
| HEALTH | | | Teacher: J. Smith |
| Report | Level | During this reporting period, Sarah has learned the value of volunteerism. She is aware of how parents have volunteered to provide their services for the Hot Lunch School Day. Sarah would benefit from volunteering by performing tasks in our classroom ways of expressing her creativity. | |
| 1 | AC | | |
| 2 | AC | | |
| 3 | | | |
| PHYSICAL EDUCATION | | | Teacher: J. Smith |
| Report | Level | At this time in Phys. Ed., Sarah learned to appreciate the benefits resulting from physical activity. She increased her endurance through the stepping unit. Sarah's benefit from daily activities to develop her upper body strength. | |
| 1 | AC | | |
| 2 | AC | | |
| 3 | | | |
| MUSIC | | | Teacher: J. Smith |
| Report | Level | The class has been preparing for our concert. Sarah has greatly improved in the holding her recorder. The next step for Sarah is to concentrate on breath control and soft puffs. | |
| 1 | AC | | |
| 2 | AC | | |
| 3 | | | |
| FSL (Gr. 4-6) or FLA (Immersion) or SLA/ILA (Spanish/Italian) | | | Teacher: J. Smith |
| Report | Level | During this reporting period students gained a cultural awareness based on the film experience "Who Am I?". Sarah is able to demonstrate an awareness of the cultural characteristics of the French language. Sarah can continue to work on making our spoken French and her first language. | |
| 1 | AC | | |
| 2 | AC | | |
| 3 | | | |
| ATTENDANCE | | | Attendance and late record cumulative from the start of this school year |
| | | | Absences |
| | | | Lates |

A sample of a new report card for elementary students with the Calgary Catholic School District. CONTRIBUTED/CALGARY CATHOLIC SCHOOL DISTRICT

Word jumble: Grading to vary at major Alberta school boards

'Empowered.' Province won't intervene on report cards: Minister



JEREMY NOLAIS
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Calgary's Catholic elementary students have already begun receiving word-based grades as of this school year, but parents opted to stick with percentage grades for junior high, an official said Tuesday.

The practice by the separate school district differs from a controversial model being phased into Calgary Board of Education schools because the public board will also include Grades 7 to 9.

Bryan Szumlas, the Catholic district's director of instructional services, said the organization spoke with parents over 18 months about the changes prior to implementing them.

"Our stakeholders told this is what they preferred, a percentage system (for junior high)," he said.

Previously, Catholic elementary students had been given standard letter grades, while the CBE still uses a 1-5 number rubric.

Szumlas said the district felt it wasn't necessarily appropriate to give a "D" to a Grade 1 student who may just be a little behind in their reading.

"It puts this stereotype on the child and then parents would be worried their child is behind, and these young children just need time to grow to learn these things," Szumlas said.

Lori Nagy, spokesperson for Edmonton Catholic schools, said the district has been grading elementary students using a word system for more than a decade.

Once Edmonton Catholic students reach junior high, they receive percentage grades.

"We use percentages because they are more accurate

Teacher, how am I doing?

Words the boards will use to assess students:

- Students in elementary and junior high in the Calgary Board of Education will soon be assessed using words like "exemplary," "evident," "emerging" and "support required."
- The Calgary Catholic School District words used for Grades 1 to 6 learners are

"excellence," "above acceptable," "acceptable," "not yet meeting acceptable" and "not assessed."

- The Edmonton Catholic School District uses "excellent," "proficient," "basic" and "insufficient" achievement.
- Foothills School Division now assesses students as "beginning," "acceptable," "proficient" and "mastery."

when we're starting to think about the prerequisites for high school," Nagy explained.

CBE Chief Supt. Naomi Johnson said last week the conversation around assessment is only beginning. She added, however, the Inspiring Education document, a guideline for Alberta education produced by the provincial government that envisions what it will look like come 2030, was dictating

much of the change.

But Education Minister Jeff Johnson said late Tuesday that boards will be "empowered" to determine how their report cards look going forward.

"They need to be working with their parents and with their students ... We are not telling school boards what to put on their report cards," he said. **WITH FILES FROM ANNALISE KLINGBEIL IN EDMONTON**



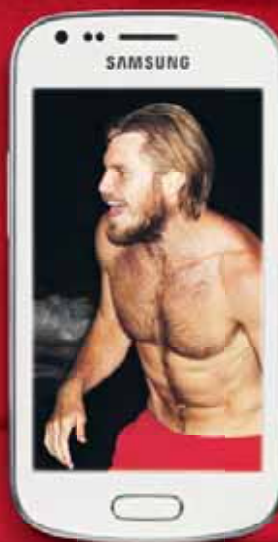
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IT'S BETTER TO BE A MEMBER



Brazilian rioters wreak havoc in protest over poor services

Riot police aim their weapons at protesters gathering near Castelao stadium in Fortaleza, Brazil, on Wednesday. Protesters cut off the main access road to the stadium where Brazil played Mexico in the Confederations Cup on Wednesday afternoon. Scattered street demonstrations popped up around Brazil as protesters decried the low-quality public services they receive in exchange for high taxes and rising prices. Leaders in Brazil's two biggest cities said they have reversed an increase in bus and subway fares that ignited outrage across the nation. ANDRE PENNER/THE ASSOCIATED PRESS

Serena Williams backtracks on rape comment

Unforced error. Tennis star reaches out to Steubenville victim after 'hurtful' remarks

A week from Wimbledon



"I am deeply sorry for what was written in the Rolling

Stone article. What was written — what I supposedly said — is insensitive and hurtful, and I by no means would say or insinuate that she was at all to blame." *Serena Williams*

Serena Williams is apologizing for a Rolling Stone article that quoted her blaming the 16-year-old rape victim in a high-profile case in Steubenville, Ohio.

"She shouldn't have put herself in that position," she is quoted as saying in the profile, in an upcoming edition.

She made the comments to the reporter after seeing coverage of the case flash on television while getting a manicure.

"They did something stupid, but I don't know. I'm not blaming the girl, but if you're a 16-year-old and you're drunk like that, your parents should teach you: Don't take drinks from other people. She's 16,

why was she that drunk where she doesn't remember? It could have been much worse. She's lucky," Williams said.

Williams, ranked No. 1 in the world in women's tennis, said she was reaching out to the girl's family to apologize.

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Liberal Leader Justin Trudeau, right, walks with Bob Rae after a press conference on Wednesday on Parliament Hill, where Rae announced his resignation. SEAN KILPATRICK/THE CANADIAN PRESS

Bob Rae leaves politics to focus on new role

MP resignation.

Former Liberal leader to negotiate for First Nations in Ring of Fire mining development

Bob Rae, a fixture on Canada's political scene for more than three decades, is giving up his seat in the House of Commons to devote himself to work on behalf of First Nations in northern Ontario.

Rae said he is leaving politics so he can focus on his new role as chief negotiator for First Nations in talks with the province about development of the Ring of Fire mining development in northern Ontario.

"This is going to be a major undertaking," an emotional Rae told a surprise news conference Wednesday in the foyer of the House of Commons.

"It's clear to me that it will take a lot more time and it simply isn't possible to do both jobs at the same time."

The 64-year-old's unexpected announcement caps a political career that has spanned 35 years and two parties.

Rae began in politics as a New Democrat and later shifted to the federal Liberals, even seeking the party leadership at one point.

He was first elected to the Commons in a 1978 byelection, but moved to Ontario provincial politics four years later, when he became prov-

Parting words

"I have a lot of passion for Canadian politics. It's been a very difficult decision ... and quite an emotional one for me."

Bob Rae, on his resignation.

vincial NDP leader and later served as premier.

In 2006, having joined the Liberals, he unsuccessfully sought the party leadership, but won a seat in the Commons in 2008, becoming interim leader after Michael Ignatieff lost his seat in the 2011 election.

THE CANADIAN PRESS

High school could be bad for your health

High school may improve students' minds, but it does the opposite for their bodies.

A new study from the University of Waterloo suggests Canadian students in Grade 12 are in worse health than their younger high-school peers.

The research, published in the latest issue of the journal BMC Public Health, found that by the time students reach senior year, they're at a significantly increased risk for chronic diseases such as diabetes and lung cancer.

It shows that over four years of high school, the number of smokers went up 170 per cent, binge drinking jumped 167 per cent and marijuana use rose by 124 per cent.

What's more, the vast majority of students — more than 89 per cent — didn't meet Health Canada's guidelines for minimum physical activity and barely seven per cent reported eating enough fruit and vegetables.

The study's co-author, Scott Leatherdale, says the



One Canadian study finds students in senior grades are at a higher risk for chronic diseases such as diabetes and lung cancer. ISTOCK IMAGES

About the study

- The study used data collected from more than 31,000 high school students in nine provinces who filled out the substance use section of the 2010-11 Canadian Youth Smoking Survey.
- The national school-based survey is funded by Health Canada and co-ordinated by the University of Waterloo.

fact that large proportions of graduating students fail to meet the most basic healthy living recommendations is cause for concern.

Having even one of the risk factors measured can increase the likelihood of disease, and by Grade 12, the average stu-

dent shows three, he said. Students in higher grades appear to be at the greatest risk, he added.

"The only way to avoid a large future burden of preventable disease is to develop more integrated and real-world models of intervention in Canadian high schools," he said in a statement.

THE CANADIAN PRESS



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Summer break

House adjourns early after bitter spring sitting

All parties agreed Tuesday to end the most bitter spring sitting of Parliament since Harper's Conservatives came to power more than seven years ago. Proceedings had devolved into acrimonious mud-slinging. THE CANADIAN PRESS

Corruption charges

Montreal will get its new, new mayor Tuesday

Montreal will have its next interim mayor — the third mayor in less than a year — early next week. The city clerk's office has announced a vote will be held during a special meeting of council next Tuesday. THE CANADIAN PRESS

Seeking asylum

NSA leaker reaching out to Iceland?

A WikiLeaks spokesman who claims to represent Edward Snowden has reached out to government officials in Iceland about the possibility of the NSA leaker applying for asylum, officials there said Wednesday. THE ASSOCIATED PRESS

Southwest France. Floods close Catholic pilgrimage complex in Lourdes

Heavy floods in southwest France have forced the closure of the Catholic pilgrimage site in Lourdes and the evacuation of pilgrims from nearby hotels.

Muddy floodwaters swirled Wednesday in the grotto where nearly 6 million believers from around the world, many gravely ill, come every year seeking miracles and healing. It has

been a major pilgrimage site since a French girl's vision of the Virgin Mary there in 1858.

Lourdes Mayor Jean-Pierre Artiganave said the pilgrimage complex in the foothills of the Pyrenees will not reopen until safety can be assured. A diocese spokesman said that wasn't likely before the end of the week. **THE ASSOCIATED PRESS**

Un-bundling

Alaskans not so hot on weather

A heat wave hitting Alaska may not rival the blazing heat of Phoenix or Las Vegas, but to residents of the northernmost U.S. state, the days of hot weather feel like a stifling oven. With temperatures topping 26 C in Anchorage, and higher in other parts, people have been sweltering in a place where few have air conditioning. **THE ASSOCIATED PRESS**

Myanmar

Women jailed for inciting violence

A court in Myanmar has found two Muslim women guilty of sparking a recent outbreak of sectarian violence, one of them by bumping into a Buddhist novice monk. Myint Thein of the pro-government National Unity Party, who attended their trial, said Wednesday the two women were convicted of "insulting religion." **THE ASSOCIATED PRESS**



India flood deaths top 100

Indian men use a boat to cross a Tibetan market along the banks of the Yamuna River, in New Delhi, Wednesday. India's prime minister said that the death toll from flooding this week in the northern state of Uttarakhand had surpassed 100 and could rise substantially. The flooding has affected several states and the capital, New Delhi, where nearly 2,000 people have been evacuated to government-run camps on higher ground.

MANISH SWARUP/THE ASSOCIATED PRESS

Ashley Smith. Inmate's strangulations not always dangerous, inquest hears

Senior managers agreed that intervening every time a teen inmate tied a ligature around her neck was unnecessary because she was not always in immediate danger, an inquest into her death heard on Wednesday.

Michelle Bridgen, a middle manager at the Grand Valley Institution in Kitchener, Ont., said it was the warden and deputy warden who decided essentially that guards should intervene only if Ashley Smith risked imminent death.

"When she had a ligature, sometimes it was not tied tightly around her neck," Bridgen testified.

"Sometimes she would even tie it in a bow around her neck and put her fingers through it and say, 'See, it's not tight.'"

The choice became whether guards should frighten Smith by rushing into her segregation cell to retrieve the ligature or "empower" the inmate by allowing her to give it up without force, Bridgen said.

Still, the ligature tying



Michelle Bridgen, a correctional manager, is seen outside the Ashley Smith inquest in Toronto on Wednesday. Bridgen was suspended for 10 days for her role in Smith's death in October 2007.

COLIN PERKEL/THE CANADIAN PRESS

never became part of the blueprint for how guards were to deal with Smith.

The issue of what guards were ordered to do when Smith was seen to be strangling herself is one of the crucial questions at the inquest into her death.

THE CANADIAN PRESS

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Syrians who fled violence find sweet taste of home in Jordan

A bowl of peaceful memories. Beloved Damascus ice-cream shop opens a branch in Amman, and both Syrians and Jordanians are flocking to it

For Syrians, no visit to Damascus' Old City is complete without a stop at a more than century-old ice-cream parlour, where you can watch them make their distinctive dessert by pounding it into shape with mallets, then enjoy a bowl of it sprinkled with pistachios.

Now, those who fled their country's bloody civil war can savour a taste from back home. Damascus' most famed ice-cream shop, Bakdash, has opened a branch in the Jordanian capital Amman, and both Jordanians and Syrians living

there are flocking to it.

With its mix of milk, gum Arabic and sahlab — a flour made from orchids — Bakdash ice cream is distinct from American brands like Ben & Jerry's and Häagen-Dazs: The traditional Syrian ice cream has a more elastic texture and slightly more perfumed flavour than the Western versions.

The Damascus landmark's appearance in Jordan is a bitter-sweet sign of one of the civil war's tragic repercussions: The dispersal of Syria's population and culture. Jordan alone is home to more than half a million Syrians, out of nearly two million who have fled into neighbouring countries with no immediate prospects of return. The number is rising by the thousands daily, as life in Syria becomes more tenuous.

Bakdash's owners still keep the Damascus shop running, but they have set up shops in Jordan and the United Arab

Quoted

"When I meet other Syrians here in the parlour, I feel my spirit lift."

Basima, a Syrian housewife who fled to Jordan seven months ago and was thrilled to discover a touch of home in Bakdash's Amman branch.

Emirates, hoping the new businesses will help keep the home store afloat. The stores abroad could also be insurance for the future as the war, now in its third year, batters Syria's economy and annihilates tourism.

About half of the Amman branch's customers are Syrians, said the assistant manager, Yarob Ababneh, whose father is Bakdash's Jordanian partner.

"Once or twice I saw people cry," he said. "Bakdash has been in Syria since 1895, so those who grew up there know the place and have been there many times." **THE ASSOCIATED PRESS**



A worker prepares ice cream at the Bakdash ice-cream store in Amman, Jordan, Wednesday, where a branch of a more-than-century-old Damascus ice-cream parlour has opened up shop to serve its famous dessert to Syrians displaced by a bloody civil war. **MOHAMMAD HANNON/THE ASSOCIATED PRESS**



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Retail. Loblaw tests new smaller discount grocery store format in Calgary

Canada's largest grocer is trying out a new discount small-store format in a bid to attract more customers in urban areas. Loblaw Cos. Ltd. said it opened the new 10,000-square-foot store a few weeks ago in Calgary.

The location, named Box by No Frills, offers "hard discounts and an everyday low price" on groceries and other merchandise, Sarah Davis, Loblaw's chief financial officer, said in a conference call Wednesday.

"We are trying that as a pilot to see, 'Is it something that we can infill in a lot of areas of Canada because it's



A logo for Box by No Frills.
CONTRIBUTED/THE CANADIAN PRESS

only 10,000 square feet?" she told investors from the company's Brampton, Ont., headquarters.

THE CANADIAN PRESS

Super sermon. Warner Bros. tries to promote Man of Steel from the pulpit

Seems Warner Bros. has taken movie marketing to a whole new level — even higher than a bird or a plane.

The studio enlisted Christian-focused firm Grace Hill Media to promote Man of Steel to faith-based groups by inviting them to early screenings and creating trailers that highlight the film's religious themes.

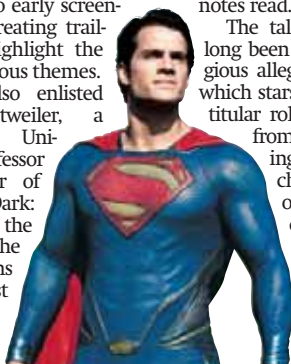
They also enlisted Craig Detweiler, a Pepperdine University professor and author of Into the Dark: Seeing the Sacred in the Top Films of the 21st Century, to create a

Superman-centric sermon outline for pastors titled Jesus: The Original Superhero.

"Let's consider how Superman's humble origins, his high calling and his transforming sacrifice point us towards Jesus, the original superhero," the notes read.

The tale of Superman has long been associated with religious allegories. Man of Steel, which stars Henry Cavill in the titular role, doesn't shy away from that theme, including portraying the character as 33 years old, having him seek counsel at a church in a time of crisis and forming a cross-like pose while floating in space.

THE ASSOCIATED PRESS



Indiegogo defends Crackstarter campaign

Crowdfunding. Website co-founder says effort to raise money for alleged crack video was about giving power to people

A campaign that raised \$200,000 to purchase an alleged video appearing to show Toronto Mayor Rob Ford smoking crack was a "beautiful example" of the fundraising power of the Internet, says the website that hosted the controversial crusade.

"That campaign really just speaks to what crowdfunding is about, which is giving the power to people to decide what matters to them and to fund what matters to them," said Danae Ringelmann, co-founder of crowdfunding website Indiegogo.

The video fundraising campaign was launched by Gawker, a U.S. website whose editor John Cook claimed he'd watched the video, which was



This is the illustration that appeared on the crowdfunding website Indiegogo for the Crackstarter campaign, started by Gawker, which aimed to raise enough money to buy a video that allegedly shows Toronto Mayor Rob Ford smoking crack. The crowdfunding goal was surpassed with \$201,204 raised. SCREEN GRAB/INDIEGOGO.COM

being shopped around for \$200,000 by drug dealers.

Ford has said the alleged video does not exist and that he does not use crack cocaine.

Ringelmann said crowd-

funding gives people the power of choice.

"It was actually a beautiful example of exactly that; just as people can vote on the ballot to elect what politician they'd like

to see, crowdfunding enables people to vote with their dollar to fund what they'd like to see come to life, whether it's a video of a politician or a baby or a film." THE CANADIAN PRESS

Dolce, Gabbana convicted of tax evasion

A Milan court on Wednesday convicted the designers Domenico Dolce and Stefano Gabbana of tax evasion.

They were found guilty of failing to declare 200 million euros (about \$273 million) through a Luxembourg company to authorities and given a one-year-and-eight-months suspended jail sentence. They were ordered to pay a penalty of about \$682,000 to tax authorities.

The court, however, acquitted them of misrepresenting income of about \$568 million each, even though the statute of limitations had expired on the charge.

The designers have denied the charges. Defence lawyer Massimo D'Inoia pledged to appeal the ruling, saying the fact the court issued an acquittal on a charge that had expired, instead of just letting it fall to the statute of limitations, "means the proof of their innocence is evident." THE ASSOCIATED PRESS



Domenico Dolce, left, and Stefano Gabbana pose with Katy Perry in New York City last month. The Italian designers have been convicted of tax evasion, and given a 20-month suspended sentence. GETTY IMAGES FILE

Market Minute

DOLLAR
97.34¢
(-0.60¢)

TSX
12,268.29 (-99.17)

OIL
\$98.24 US (-20¢)

GOLD
\$1,374 US (+\$7.10)

Natural gas: \$3.96 US (+6¢)
Dow Jones: 15,112.19 (-206.04)

Wireless market

Wind Mobile backer won't seek control of firm

Orascom Telecom Holding says it's withdrawing an application to acquire control of Wind Mobile Canada, one of the smaller wireless carriers that's seeking to grow into a stronger rival for the country's three main cellphone companies. The Egyptian firm provided much of the financial backing for Wind Mobile.

THE CANADIAN PRESS

Broadcasting

Profits are up at commercial radio stations, CRTC says

The CRTC says profit margins improved at the country's commercial radio stations in 2012, as expenses shrunk and total revenue grew by 0.4 per cent from the previous year. The federal broadcast regulator said the 675 commercial radio stations operating in Canada earned revenue totalling \$1.62 billion for the year ended Aug. 31, 2012. THE CANADIAN PRESS

Consumer safety

Kolcraft recalls Jeep Liberty strollers

Kolcraft is recalling more than 96,000 Jeep Liberty strollers after at least 18 people were injured by tire blowouts, the Consumer Product Safety Commission said Wednesday. The government watchdog group said there have been 39 reports of inner tube ruptures that have caused the wheel rim to break off and become a projectile.

THE CANADIAN PRESS

Industry group

Mining association names its first female chair

Zoe Yujnovich, president and CEO of the Iron Ore Co. of Canada, has been named chair of the Mining Association of Canada, the association announced Wednesday. Yujnovich, the first woman to hold the position in the association's 78-year history, replaces Ian Pearce, former CEO of Xstrata Nickel.

"Our association has had

increasing female representation on the MAC board of directors for many years, but Zoe's appointment to chair is an important milestone and signifies the growing leadership role of women in mining," said Pierre Gratton, MAC's president and CEO.

The Mining Association of Canada is the national organization for the Canadian mining industry. Its members account for most of Canada's production of base and precious metals, uranium, diamonds, metallurgical coal, mined oilsands and industrial minerals. THE CANADIAN PRESS

IT'S BEAN THE ONLY REMEDY

Damn you, Charles Darwin.

My back hurts all the time and its origin is you. If it weren't for evolution, I'd be on all fours, with my spine on the straight and narrow. Instead, I'm upright, crooked and twisted, all the weight of the world (and evolutionary history) on my lower back.

Or if the creationists are right, then God has a Robaxacet doll that he keeps sticking needles in.

But it's probably Darwin.

I would have been so much happier as a spineless, lower form of life, like a slug or a personal-injury lawyer. Instead I'm the guy at the far right of the March of Progress illustration, the one holding the small of his back, with a speech bubble that says "%&\$#?@!"

My injury is particularly pathetic. Not only was I not exerting myself in any way, I wasn't even doing something embarrassing like reaching for the remote or picking up a dropped Cheeto.

I was asleep.



HE SAYS

John Mazerolle

metronews.ca

I woke up, possibly from the sound of my back screaming at me, and suddenly my life was bags of frozen green beans, kneeling to look in the fridge, and attempting to put socks on without using my hands.

Back pain is the most ignoble of all injuries — too painful to be ignored, but not dramatic enough to be pitied.

There are no songs sung about heroes who suffered through lumbago, no Hollywood films where an ingenue dies because of a cruel twist of torso. Its place in popular culture is to show you how much of a buffoon a sitcom dad is — oh, his aching back!

Four out of five adults suffer occasional back pain — so all the dentists, if I understand statistics — which means you get no sympathy for your pain, only stories of much worse back pain, possibly due to the bigger fish they were reeling in that got away.

You can't even show it off, like a scar or a broken leg. It's completely hidden, beneath that frozen bag of green beans. (I find

peas too uncomfortable.)

Long story compacted, I'll have to do something to fix it, lest I never twerk again.

What do the experts say I need?

- Good body mechanics: I didn't even know there were body mechanics. I assume you get on a lift of some sort for a few days while he/she checks you out and you're good to go? Of course, they'll find something else wrong and charge you for it, but that comes with the territory. "Your back's good, but we had to replace your duodenum. It was making weird noises."
- "Let your legs do the work": All the advice columns say this, but it doesn't work. I've left a bunch of stuff for them to do, yet my books remain unbalanced and my dishes remain unwashed. I think they're lazy.
- Neutral Pelvic Position: I bought their new album, but frankly they were better at Coachella.

As this list makes clear, it will be no time before I've gone from a young man whining through back pain to a young man who has come to understand he will always have back pain. Or as Darwin once put it: "%&\$#?@!"

ZOOM

A little (tweeting) bird will tell you



SANG TAN/THE ASSOCIATED PRESS

Royal couple will be traditional and trendy with announcement

With Prince William and the Duchess of Cambridge expecting their first child in mid-July — and much of the world interested in the birth of a future

monarch — the royals' office has released some of the couple's plans.

There will be a mix of tradition and new social media to announce the birth. Officials said a royal aide will emerge from the hospital with a signed bulletin on foolscap-sized paper carrying the Buckingham

Palace letterhead. The bulletin will be given to an official who will be driven to the palace, where it will be posted on an easel in public view in front of the building.

At the same time, there will be an announcement on Twitter.

THE ASSOCIATED PRESS

Boy or girl?

- Royal officials can't say whether it's a boy or girl — and it's not because they are being coy, it's because Kate and William have not found out — and don't plan to.

Clickbait



HANNAH ZITNER

hannah.zitner@metronews.ca

With rumours swirling that Facebook is set to announce video for Instagram, avoiding videos of cats, cupcakes and concerts will be nearly impossible. So why fight the inevitable? Embrace the filtered vids and start posting your own. But in case the rumour mill doesn't produce, here are some video-sharing sites already on offer:

Socialcam:

One of the first video-sharing apps with filters — think of Socialcam as Instagram video's older brother (or would that be father?). Available for iPhone and Android.

Cinemagram:

Also has the options of adding filters, but with added tricks like

adding masks, playing videos backwards, in slow mo or on high speed. Available for iPhone and Android.

Viddy:

Before Vine, there was Viddy. But while Vine gives users a six-second time limit, Viddy lets you record for up to 30. Available for iPhone and Android.

Twitter

@metropicks asked: According to Metro's Paul Sullivan, tipping should be optional. What do you think?

@Richard_Dew: Tipping IS optional. No gun to your head. Also optional for people to think you're a cheap-skate for not tipping.

@FrenchmanCanada: I know a couple places where the "You didn't dip, next time I'll spit in your food" will never be optional.

@serpentina66: I'd rather see servers pd more than deciding a tip. Mgrs should b responsible for good servers; customers shouldn't pay more for expected service; it's awkward for cust to deny tips for poor service.

@instakrystal: I never feel obligated to tip. If you're a good server and earn it, you'll be rewarded. My tips are dependent on experience.

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:

Send us your comments: calgaryletters@metronews.ca



Evan Wilson has had a hand in helping Sled Island's comedy lineup become a major draw for the festival. LISA WILTON

Comedy on front foot for Sled

Sled Island. While the festival is making a name for itself as a destination for music fans, it's also starting to garner a reputation for its comedy lineup

a real watershed moment in showing people that we know what we're doing with who we're bringing in," says Sled Island's comedy 'advisor' Evan Wilson.

"There's a reliability in the choices now. Even if people haven't heard of some of the comics, they still have an amazing time."

Though he's not an official Sled staffer, the festival has relied on his depth of comedic knowledge and extensive contacts in the comedy community to help put together its impressive list of comics, which includes observational madman Brett Gelman, Adult Swim star Eric Andre and Toronto's Marc Little, best known for his work on CBC's

Lineup

Sled Island's comedy shows run Thursday, Friday and Saturday

- **Acts.** It features Eric Andre, Brett Gelman, Chris Locke, Chris Griffin and Pat Kelly. For tickets or more information, go to sledisland.com

stand-up since he was a kid.

He says Calgary's comedy scene is one of the best in the country and says he's happy to showcase several local comics during this year's festival.

"I'm excited to show people in Calgary who is funny," he says.

"It's really fresh and, I hate to call it this, but it's young people's comedy."

Last year's comedy component — which featured headliners Hannibal Buress and Tim Heidecker at the now-defunct Auburn Saloon — was so popular, shows were lined up down the block hours beforehand and sold out quickly.

To give Sled Island pass

holders a better chance of getting in this year, organizers split up the comedy shows into two venues — Wine-Ohs and The Palliser Hotel's Crystal Ballroom.

"The thing about last year was the shows were really long but nobody wanted to leave because they didn't want to lose their spot," recalls Wilson.

"So we thought about having two different shows a night at two different locations, so that you could do 90 minutes in one place and if you didn't want to see anymore comedy, you could go off and see music."

"It's also more conducive to the way a comedy show works."



BACKSTAGE PASS
Lisa Wilton
calgary@metronews.ca

Calgary's Sled Island is one of the coolest music festivals in Canada, but it's also gaining a reputation for its solid comedy lineup.

"I think last year was

Mr. D and with sketch troupe Picnicface.

Wilson, who relocated from Nova Scotia five years ago, is co-host of the weekly CJSW comedy program, Am I Right?? and has been a fan of

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2 SCENE

Blockbuster material?

Brad Pitt crossed his Zs for new film

Brad Pitt wanted to build a better blockbuster. During the years Hollywood shifted toward increasingly bigger spectacles and superhero tentpoles, one of the movies' biggest stars largely stayed on the sidelines, focusing instead on ambitious ensembles. But the zombie apocalypse *World War Z*, which opens Friday, is Pitt's bold, long-gestating, big-budget effort to enter the franchise fray.

It's been a humbling crusade. "These films are much more difficult than I realized," Pitt said in a recent interview over coffee at a restaurant off Times Square.

Based on the 2006 sci-fi novel *World War Z*: An Oral History of the Zombie War by Max Brooks (son of Mel), the \$200-million-plus film has had a rocky path to theatres. It's gone through a swarm of screenwriters, several key crew changes, a postponed release date and, most notably, a reshoot ending.

But most moviegoers that



make it to the film — far from the flop many predicted — will likely wonder what all the fuss was about. The reviews have largely been positive for *World War Z*, a riveting, brisk thriller with a refreshingly — and, for summer movies, atypically — human protagonist who relies purely on his intellect and experience as he shuttles around the world trying to solve the zombie pandemic that's engulfed most of the planet. Pitt's former United Nations investigator has no superpowers, no gun, and as Pitt says, "can't even run that fast." **THE ASSOCIATED PRESS**

Breathing life into a story about the undead

World War Z. What sets this zombie movie apart from other summer thrillers is the familial realities weaved in the story, says Mireille Enos

STEVE GOW
scene@metronews.ca

Society has become obsessed with the undead. Not only are zombie movies persistent but the walking dead can be seen on television, in video games and even read about in published guides to surviving fictional outbreaks. So with *World War Z* set to open, how does star Mireille Enos think the film will fare in such a saturated market?

"Well, on an action level, we have the fastest zombies," offered the actress during an interview in Manhattan.

"There's also the family story, which is a survival story, and then there's a global story — the zombies I think act as metaphor for the different crises on our planet."

Metaphors aside, *World War Z* (which itself is based loosely on a hit novel) may be more noteworthy as Brad Pitt's first such shot at the zombie genre.

In fact, Pitt also produced the film in which he plays a United Nations' investigator forced to abandon his loving wife (Enos) and children to explore an uncontrollable global viral outbreak that turns ordinary citizens into flesh-eaters.

"I think that's why he's the star that he is — he's an everyman and he's such a



Mireille Enos (second right from Brad Pitt) stars in *World War Z*. HANDOUT

normal guy that people see themselves and respond to that," says Enos of Pitt's appeal as a family man-turned-reluctant hero.

"He's obviously a family man himself and loves that role. You can just feel it every time he talks about his family."

More online

Visit metronews.ca for our review of *World War Z*, and be sure to pick up tomorrow's Metro for the Reel Guys' take on the movie.



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Making the movie

Dave Foley had a monster of a time

Dave Foley had familiar company in the recording booth as he laid down voice work for his latest animated feature.

Foley played opposite Sean Hayes as an on-screen couple for several episodes during the sixth season of the hit sitcom *Will & Grace*. The Canadian actor, writer and comedian has reunited with the Emmy winner to portray Terry and Terri, two-headed monster siblings in the upcoming film *Monsters University*, a prequel to the hit 2001 animated flick *Monsters, Inc.*

"I knew Sean pretty well, and it was really fun to just walk in the studio with him," Foley said Tuesday during an interview. "We immediately started ad-libbing, and we have pretty good chemistry together."

While voice work is typically a solitary process, Foley said the makers of *Monsters University* felt it important to bring the "sibling squabbling quality" to life. **THE CANADIAN PRESS**

What monster (at university) are you?

1. Randy Boggs

- **Says.** "I have an extra toe. Not with me, of course. That would be embarrassing."
- **Scare tactic.** He seems nerdy but don't trust this monster: He's a chameleon that's waiting to strike.
- **Have you ever...** Made everyone in the office think you're their friend and then stab them in the back until you're the last man standing?

2. Squishy

- **Says.** "Wanna join Oozma Kappa? We have cake."
- **Scare tactic.** The most annoying kind of monster. The one that kills you with kindness.
- **Have you ever...** Brought a co-worker diarrhea medication, long johns or a scarf, all because you actually care?



Who can sleep

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CHRIS ROBAK,
METRO WORLD NEWS

Grandpa Mike is in the house

3. Sulley

- **Says.** "I'm going to wipe the floor with that little know-it-all."
- **Scare tactic.** Natural Born Scarer... but he loves life more than scaring.
- **Have you ever...** Shown up for an exam without a pen and ended up charming the hot girl next to you to do your test?

4. Mike

- **Says.** "I've been waiting for this my whole life! I'm gonna be a scarer!"
- **Scare tactic.** Preparation. He knows that genius is one per cent talent and 10,000 hours of study.
- **Have you ever...** Shown up for a bungee jump with a 700-page manual but then forgot to attach a rope?

5. Art

- **Says.** "I can't go back to jail!!!"
- **Scare tactic.** Art knows that nothing is scarier than unpredictability, especially when you're pink and furry.
- **Have you ever...** Gone to the grocery store wearing only your bathrobe and flip flops, spilling milk on your beard while lecturing the clerk about Lenin?

6. Dean Hardscrabble

- **Says.** "If you're not scary, what kind of a monster are you?"
- **Scare tactic.** In charge of the University, she's a square-jawed, know-it-all, fire-breathing larva.
- **Have you ever...** Thrown your coat at an intern after ordering her to babysit your kid and cook a hot lunch?

Billy Crystal. Actor talks about how his grandkids discovered he was famous

RICHARD CROUSE
scene@metronews.ca

Billy Crystal's fourth and most recent grandchild was born on March 14. "Born on my, I hate to say it, 65th birthday," he says. "No! I love to say it, because I'm here and it's good."

The "here" is a Toronto press junket for Monster's University, a prequel to the Oscar winning Monster's Inc.

In both he voices Mike Wazowski, a green eyeball creature whose goal in life is to scare kids. I ask if his grandchildren have seen either film. "The little guy's seen everything," he jokes, "I'm a night light."

The three older kids were introduced to the movie in a scary way.

"The girls and I were walking in a mall and some of these paparazzi — I have to say it —

creeps, jumped out and started taking pictures of us. Really freaked them out. 'Why are they doing that!' So I had to explain to them what I did. That I was internationally famous..." (pauses for the laugh).

"So I showed them Monster's Inc. I couldn't show them the orgasm scene from When Harry Met Sally. 'Why is she making that noise?' Then I became Grandpa Mike. I had to be Mike Wazowski for about a year. They'd call the house, 'Is Mike there?' 'OK, I'll get him. Hold on.' (Pauses.) 'Hi!' (he says in Wazowski's distinctive high-pitched voice.) 'Are you looking for me?'"

"Now they see me around. There were billboards when I did the Oscars so now they are kind of used to it."

"It's confusing to me! It was, 'Who's that guy?' They watch the same things over and over and over again. And over again. And over again. We were watching Dora the Explorer exploring the same thing and then I was looking at the guide and I saw that City Slickers was on. I took the remote. 'Let's see what else is on. There I am!' She



Billy Crystal loved playing Mike Wazowski for his grandkids. GETTY IMAGES

actually just said, 'How?'"

"Now it's like bragging rights at school, but we're trying to play it down. We live in a town where a lot of the kid's parents are performers. We read book at their school every two weeks, and there are a lot

of famous parents."

When I ask if they and their friends will ever realize how cool it is that the "internationally famous" Billy Crystal read to them he laughs, "I think OK, but Will Ferrell read the day before."

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James Gandolfini ALL PHOTOS: GETTY IMAGES

Sopranos star James Gandolfini dies at 51

James Gandolfini, who won three Emmys for his role as Tony Soprano on HBO's *The Sopranos*, reportedly died in Italy Tuesday after suffering a heart attack, TMZ reports.

Gandolfini, who was 51, was in Italy to attend the 59th Taormina Film Festival in Sicily.

He first garnered fame playing a hitman in 1993's

True Romance. But it was his role as the brash, troubled mob boss Tony Soprano that earned him legions of fans of the six-season HBO series.

Gandolfini is survived by his wife, Deborah Lin, who gave birth to the couple's daughter in October.

He has a teenage son from a previous marriage.

METRO NEW YORK

Katy Perry can't stay away from the fireworks

For her first appearance on the cover of *Vogue*, Katy Perry isn't holding much back, especially about her split from ex-husband Russell Brand. "Let's just say I haven't heard from him since he texted me saying he was divorcing me December 31, 2011," she tells the magazine. As for why their marriage didn't work out? "I think a lot of times strong men do want

an equal, but when they get that equal they're like, 'I can't handle it,'" she says. Perry also addresses her romance with John Mayer, quashing rumours they're together again. "It's over. I was madly in love with him. I still am madly in love with him," she says. "Beautiful mind, tortured soul. I do have to figure out why I am attracted to these broken birds."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Paula Deen revealed as racist jerk?



THE
WORD
Dorothy Robinson
scene@metronews.ca

The fearless National Enquirer claims to have unearthed a video of famed "chef" Paula Deen allegedly admitting to using the N-word as well as making a myriad of terrible racist jokes, aimed at African Americans and Jewish people.

The Enquirer claims Deen was filmed in a May 17 deposition to defend herself and her brother Bubba Hiers against a giant lawsuit filed by the former general man-

ager of their Savannah, Ga., restaurant.

Metro has not seen the video, so we have no way of verifying its authenticity.

Lisa Jackson is suing the family for use of defamatory language by Deen and sexual harassment and infliction of distress and assault by Hiers.

The worst from the tape? The Inquirer alleges Deen admits to saying that she wanted "black waiters to play the role of slaves in a wedding party she was planning."

Deen also reportedly gave several examples of when she used the N-word and fesses up to making racist jokes about "Jewish people, rednecks, black folks... I can't determine what offends another person." Her defence is "they're jokes."

Actually, no they aren't. Even in Georgia, those aren't jokes.



Miley Cyrus

Miley Cyrus says it's better to go green

Miley Cyrus isn't being shy when it comes to her opinions on drugs and alcohol. "I think alcohol is way more dangerous than marijuana — people can be mad at me for saying that, but I don't care. I've seen a lot of people spiral down with alcohol, but I've never

seen that happen with weed," she tells *Rolling Stone* during an online Q&A. "As long as it isn't illegal, there are far more dangerous things. And it's legal in the state of California. So I'm happy to live in California, a place where you can be whoever you want to be."

Twitter



@mradamscott

I applaud this year's Bachelorette for being honest enough to behave as if she is in a nightmare.



@NiallOfficial

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0 DOWN*

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STK #251938

\$101/BW

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0 DOWN*

CASH PURCHASE PRICE \$16,950



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What a boy wants, what a boy needs

Usually, when magazines produce lists like this, the 'must-haves' are not always that accessible. So we've rounded up the best value versions of recession-proof classics that will never go out of style.

METRO WORLD NEWS



The shirt

Zara twill shirt
\$60, zara.com



These looks are time-proof. GUERRE

The chino

Ben Sherman EC1 slim
\$95, bensherman.com



The jeans

Edwin ED80- slim-fit
jeans
\$200, mrporter.com

The coat

Heritage navy cotton
peacoat, \$310
bananarepublic.gap
canada.com



The desert boots

Clarks Originals suede
desert boots
\$140, clarkscanada.com

The brogue

Mr. B's Theatum,
\$175, aldoshoes.com



The knit

Linen crew neck,
\$149.50, clubmonaco.ca

The shirt

Topman white scoop
neck T-shirt
\$14, topman.com



The suit

J.Crew Ludlow jacket
\$525,
J.Crew Ludlow trousers,
\$265
jcrew.com



The Oxford

Mr. B's Paramonga,
\$175, aldoshoes.com



Styling tip

All lace-ups are not the
same. The Oxford is the
dressier older brother to
the more informal brogue.
You need both in your
arsenal.

3 TIPS

Daily essentials

L'Oréal Hydra Energetic Ice Cold Eye Roller

This roll-on helps mask the effects of a late night out by eliminating those dark circles under your eyes.

\$13.99, LOREAL.CA



Clarins' Men Revitalizing Gel

Used daily, the gel is meant to help revitalize the skin, adding a toned feeling and helping to eliminate fine lines and wrinkles.



\$48, CLARINS.CA

L'Oréal Men Expert Hydra Energetic Hydra Power Cleanser

Offering a deep facial clean without leaving the skin feeling dry or tight, this cleanser uses charcoal to capture dirt and oils.

\$9.96, LOREAL.CA



Gillette Fusion ProGlide Styler

This waterproof three-in-one styling tool will help you to sculpt your facial hair, and keep any unruly whiskers at bay.

\$19.96, GILLETTE.CA



NIVEA Revitalizing Body Lotion For Men

Every man should moisturize daily, and this formula includes vitamin e, aloe and absorbs quickly.

\$10.99, NIVEAFORMEN.CA



Sunnies are shaping up for a celluloid summer with a range of trends that dovetail with some of Hollywood's newest and oldest hits. We look at how you can shop the most fashionable movies frame by frame.

RICHARD PECKETT
Metro World News

The film: The Hangover Part III

The look: Phil (Bradley Cooper)
The frames: Ray-Ban Aviator large metal II, \$145, ray-ban.com



Silver screen sunglasses



The film: Reservoir Dogs

The look: Mr. White (Harvey Keitel)
The frames: Lanvin black acetate sunglasses, \$341, matchesfashion.com



The film: The Great Gatsby

The look: Jay Gatsby (Leonardo DiCaprio)
The frames: Bottega Veneta round-frame sunglasses, \$480, mrporter.com



The film: Natural Born Killers

The look: Mickey Knox (Woody Harrelson)
The frames: Vintage surplus colour round sunglasses, \$33, urbanoutfitters.com



The film: Public Enemies

The look: John Dillinger (Johnny Depp)
The frames: Quay Eyewear round sunglasses, \$31, asos.com



The shaggier the better

At first glance, the beard is an international symbol of hipsterdom. But closer inspection reveals a lot of things. We look at four popular types and what they mean.

RICHARD PECKETT
Metro World News



"I only realized what a phenomenon it was when I started working on my book, '100 beards, 100 days,'" says the photographer Jonathan Daniel Pryce. "I stumbled upon this entire subculture that I knew nothing about." Yes, beards are in a boom period and long may they reign. To celebrate this hairy moment, we check out the micro-trends among the city's urban tribes.

The hipster

Likely to be found in areas like Toronto's Queen West neighbourhood, Williamsburg, New York and Shoreditch, London, sporting a beard in an 'ironic fashion' — too cool for trends. Look out for square-framed glasses, novelty necklaces and baseball caps.

The artist

Overgrown beard from months of creative angst —

nobody else could get away with Rasputin's beard. The unkempt look takes hours of hair manipulation and the use of premium grooming products — but he'll never admit to that. Frequently found hanging out in 'creative spaces'.

The city professional

His beard will be as perfectly cut as his made-to-measure suit. Nothing wild here. But his fashionable follicles do separate him from his shave-a-day corporate city mates.

The fashionably preened

Ah yes, the 'fashion beard'. It is of course perfectly groomed, trimmed and runway-ready. You're most likely to find this one on menswear editors and stylists, like our man Jeremy Langmead (pictured in yellow sweater), editor of Mr. Porter.

ALL PHOTOS: JONATHAN DANIEL PRYCE



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Going for chiseled, not rugged, good looks

We're seeing more unique, thoughtful takes on home furnishing basics. Say goodbye to 90-degree, square-edged designs and hello to multi-faceted, hand chiseled, angled designs that add casual structure to any room.



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Walking Bear Side Table

Take a walk on the wide side with a piece that doubles as a sculpture and side table. \$3,430, Avenue-Road.com



Nolmyra chair by Jooyeon Lee

Incredibly light weight (just six pounds) and incorporating bentwood and mesh for a classic Scandinavia design. \$39, IKEA.com



Sloped and Slanted Bookcase

Precisely-slanted shelves display your possessions while you appreciate them at a new angle. \$1,500, Anthropologie.com



Stainless Steel Chiseled Tumbler

Insulated double-walled stainless cup keep drinks cold through the hot summer days. \$23, StarbucksStore.ca



Sculpt table lamp

Lightweight fabric wrapped over a frame to create a modern glow. \$75, EQ3.com



Warm Silver Leaf Quarry Accent Table

The perfect side table to help modernize a sitting area. \$1,935, Barbara Barry for Baker, studioBhome.com



Saba Vase

Jewel tones of blues and green peek through the faceted cutwork of glass. \$153, CrateAndBarrel.ca



Cleaning

Housekeeping myth: Borax as a green product for your home

Is the use of Borax still considered to be an environmentally good product to use in our homes?



CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

Sadly no. I, too, have thought for many years that Borax was a safe, good cleaning product to use in our homes.

However, I have recently learned the following from the David Suzuki Foundation website and I quote, "The Georgia Strait Alliance's Toxic Smart

Solutions factsheet says 'while borax is also one of the least hazardous domestic cleaning products, it is not without an environmental impact. It contains a higher level of arsenic than most other products (30 parts per million), which is why it's also an effective ant killer.'

So like anything, always be careful, read the label and do your research before using a chemical product.



Always read the label on cleaning products that use chemicals. ISTOCK IMAGES



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Creamy sauce dresses up meat

This mouth-watering dish takes no time at all to prepare and the reward is delicious!

The pink peppercorn crust is complimented so well by the creamy, cheesy Canadian Cambozola sauce.

This one is sure to please your family, guests or even just yourself.

1. Bring steaks to room temperature, about 20 minutes. Pre-heat barbecue to medium-high heat.

2. In a small bowl whisk together garlic, olive oil, Worcestershire sauce and thyme. Brush steaks with marinade and firmly coat with the peppercorns reserving a 1/2 tsp (2 ml) to garnish sauce.

3. Place steaks on a greased grill in the centre (to allow even heat circulation). Grill covered, turning once, until steaks are medium-rare, about 8 minutes or until desired doneness. Transfer to a cutting board and let steaks stand 6 minutes before

Ingredients

- 2 strip loin steaks, each about 8 oz (250 g)
- 2 cloves garlic, grated
- 1 tbsp (15 ml) olive oil
- 2 tsp (10 ml) Worcestershire sauce
- 1 tsp (5 ml) dried thyme
- 1 1/2 tbsp (22 ml) pink peppercorns, crushed and divided
- Creamy Cambozola Sauce**
- 1 1/2 tbsp (22 ml) unsalted butter
- 1 clove garlic, minced
- 1/2 cup (125 ml) 35% whipping cream
- 1/4 lb (125 g) Canadian Cambozola, Gorgonzola or Blue cheese, crumbled
- 1 tsp (5 ml) grated lemon zest

slicing or plating.

4. Creamy Cambozola Sauce: Meanwhile, heat a small saucepan on medium heat; melt butter. Add garlic, cook for 1 minute or until fragrant. Add cream and reduce by half, about 4 to 5

Grilled Pink Peppercorn Steak with Creamy Cambozola Sauce



This recipe serves two to four people. DAIRY FARMERS OF CANADA

minutes. Slowly, whisk in cheese until pieces melt. Stir in lemon zest.

5. Serve sauce on the side or on top of a portion of the steak and garnish with remaining peppercorns.

CHEF DEVAN RAJKUMAR/ DAIRY FARMERS OF CANADA

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This recipe makes two dinner servings or four appetizer servings. KAREN HUMPHREY OF YUMMYMUMMYCLUB.CA

One-pot wonder: Steamed Clams & Mussels with Garlic

KAREN HUMPHREY
yummymummyclub.ca

Seafood is a popular choice at my house and is really quick for those short on time.

There's few ingredients to this Steamed Clams and Mussels with Garlic dish, and you can serve little bowls of it with a bit of the juices ladled over top, along with thick slices of bread to sop up the juice.

1. In a large, deep pan, melt the butter over medium low heat and sauté the shallot and chili until softened. Add the garlic and continue to stir, cooking, until fragrant; about 2 minutes. Don't let the garlic brown.

2. Add the wine and bring to a boil, stirring up any bits off the bottom.

3. Turn the heat down to medium low so that the mixture is simmering, then pour in the clams and mussels. Cover the pan with a lid and let them steam for about 5-7 minutes, stirring and checking every now and then. You'll know that they are cooked when the shells have opened.

4. Discard any unopened shells (there's always a few), and don't worry about the ones that are opened only a bit. You can still eat those. Sprinkle the parsley and pepper over top and serve. Divide the mixture among four bowls, ladling the juices over top for people to soak up with bread. Serve with the lemon wedges alongside. **YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP WOMEN SURVIVE MOTHERHOOD.**

Ingredients

- 3 tbsp butter
- 1 shallot, thinly sliced
- 1 thai chili, seeded and minced (optional)
- 4 garlic cloves, peeled and minced
- 1/2 cup dry white wine
- 2 lbs of mixed clams and mussels, washed and cleaned (they can be a bit gritty)
- 3 tbsp minced Italian parsley
- cracked black pepper
- lemon wedges

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Snack. Grilled Lattice-Topped Apples



pastry over each apple to form a lattice top.

5. Place apples in heavy pan that can go on a grill. Pour apple juice into pan around base of apples. Place pan on grill. Close grill lid and bake 45 minutes or until apple filling is soft when poked with a sharp knife.

6. Remove from heat and arrange on serving dishes. Serve as is or with a scoop of ice cream and caramel sauce.

THE CANADIAN PRESS/ MENNONITE GIRLS CAN COOK CELEBRATIONS BY LOVELLA SCHELLENBERG ET AL (HERALD PRESS, 2013)

Ingredients

- 4 Granny Smith apples
- 60 ml (4 tbsp) butter
- 60 ml (4 tbsp) honey
- 5 ml (1 tsp) cornstarch
- 5 ml (1 tsp) cinnamon
- 1 unbaked pastry shell, rolled out flat
- 50 ml (1/4 cup) apple juice

1. Heat grill to 190 C (375 F).

2. Cut tops off apples and discard. Scoop out flesh from apples, making a hollow in each one. Discard cores and seeds. Finely chop apple flesh into a small bowl.

3. In saucepan, melt butter and honey. Remove from heat and stir in cornstarch and cinnamon. Pour over chopped apples and stir to combine. Spoon filling into hollowed-out apples.

4. Using sharp knife, cut thin strips of pastry. Weave strips of

THE WILD SIDE WITH MOCK CROC

Following the lead of top fashion designers, home furnishings makers have embraced crocodile patterns in a big way. Many of the most exciting designs unveiled at a recent showcase of new furniture products in High Point, N.C., — known as the furniture capital of the world — featured the dramatic texture and pattern of this stylish reptile. Mock croc, it seems, has walked straight off the designer apparel runway and into living rooms, dining rooms and even bedrooms.

No longer reserved for shoes, bags and apparel, faux croc is one of the most on-trend looks for today's furniture. From cabinets and consoles to sofas and chairs, croc patterns debuted in an astonishing



array of materials and colours this spring.

"It's exciting to see the way furniture designers have embraced faux croc and interpreted it for their collections," says Jackie Hirschhaut, vice-president of the American Home Furnishings Alliance with a Canadian chapter. "Eclectic blends of colour, texture and materials have been a key trend in accent furniture for several years. Each season we see something new peak in popularity. Last fall it was nail-head trim. This spring it was definitely faux crocodile."

Most new designs introduced at the spring High Point Market will appear in retail stores by early fall.

In home furnishings, fashion-forward applications of the deeply-scored crocodile skin pattern are most often in leather, but it also showed up stamped in



metal and painted on wood at the spring High Point

"And while the patterns are close to life-like, the application of colour was anything but," Hirschhaut says. "From oxblood red to deep Nile blue, furniture makers are choosing deep, jewel-toned hues or metallic finishes that add to the exotic appeal."

In his new collection for American Drew, fashion designer Bob Mackie drew inspiration from his luxury apparel roots to create a stunning set of nesting tables



CONTRIBUTED PHOTOS

featuring faux croc. Tabletops crafted from metallic-finished leather stamped with a crocodile pattern are paired with sculpted metal sides to create a jewelry-like accent for a fashion-forward room.

"The pattern and texture of crocodile has been a favourite of mine for years — in fashion as well as home design," Mackie says. "Nature, on its own, has created the most beautiful, natural patterns, including snake, feathers and, of course, crocodile."

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vesting in Saskatchewan. Red Door Venture Group is committed to producing turn-key developments for clients from land acquisition to concept and design to sales.

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ENJOY THE OPEN SPACES AND PARKS

IN NEW BRIGHTON

For years, Kristin South and her husband searched for an affordable home with a good-sized yard in the south end of Calgary without much success.

Until they looked in New Brighton.

“We found what we were looking for with Cedarglen in New Brighton — a new home, on a great lot, in an amazing community within our budget,” South says.

South, who works in administration at C.A.R.E. Centre Animal Hospital, was really searching for a home in which to start a family. Although the couple does not have children yet, they have a number of different pets, including a dog.

For them, the open spaces and parks made New Brighton the perfect home for their pets and future family.

“We just love the area,” South says. “The parks, green spaces and pathways were a huge draw, as well as the lot sizes.”

Since moving into New Brighton, they have been in talks with their neighbours



CONTRIBUTED

about taking advantage of some of these green spaces and parks and forming some recreational league sports teams.

And New Brighton has the space and facilities to do so.

At the hub of the community is the 6,500-square-foot New Brighton Club, a private recreational facility for programmed activities, community meetings

and club events.

Outside is a water play area, plus basketball, volleyball and squash courts where you can meet with your friends or family for hours of active fun in the summer, or try out the outdoor ice rink in the winter.

New Brighton is just minutes away from schools, shopping, recreational fa-

OTHER PROJECTS

New Brighton's townhome project “Mint” by Jayman is ideal for first time buyers or those looking to downsize. Pricing starts in the \$280,000s.

The move-up showhome parade by Shane, Cedarglen, and Morrison features homes with double attached garages starting in the \$400,000s.

cilities, and the new Calgary South Health Campus in Seton.

Coming to New Brighton in 2014 is the New Brighton Regional Athletic Park, which will be Calgary's first regional athletic park in 25-plus years. This park will include four multi-sport natural turf fields, one baseball diamond, about 260 parking stalls, and change room/wash-room facilities.

To find out more about New Brighton and the homes available in this community, visit livenewbrighton.ca.

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NEW BRIGHTON

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Kitchen reno.



Whole home reno.

CONTRIBUTED PHOTOS

RENOVATE WITH CARDEL

With 40 years of experience building homes and gaining the trust of Calgarians, Cardel Homes wants to remind Calgarians that they now renovate homes, too.

Cardel Renovations, a division of Cardel Homes, is available to anyone in the city who is interested in giving their home a fresh look, an upgrade or an overhaul. Cardel Renovations works with medium- to large-scale renovation projects, ranging from basement developments to kitchen renovations and even structural additions, according to project manager and design consultant Marie-Claire Williams.

"There is definitely a demand for quality renovations in Calgary," Williams says. "Many homeowners are looking for more space to accommodate the needs of their family but they're not willing to move away from their current neighborhood. We offer them a way to stay within the community where they've built their lives, whilst being able to make the changes to their home that they've always wanted."

Cardel Renovations is currently handling a number of structural additions taking place in various quadrants of the city. For example, they are currently working on a large, three-storey addition in the community of Strathcona, complete with a private yoga studio.

"It was important for the homeowners to stay within the community they know and love, but to also expand on their family's need for more space," Williams says. "They also knew that they wanted to work with a reputable renovation company with the experience and knowledge to complete the project properly, on time and on budget."

Homeowners seeking a fresh look can not only transform the aesthetic appeal of their space, but also create a more functional layout benefiting the entire household.

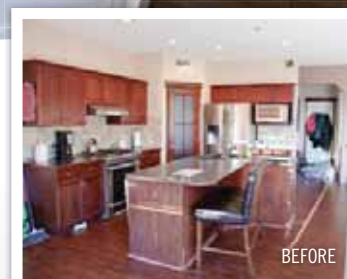
"It's incredible to see how a well-designed kitchen can make the simple task of cooking dinner every night so much easier and enjoyable. With our entire team of professionals in your corner, you'll receive peace of mind from concept to completion — and walk away with the home you've always dreamed of."

Calgarians interested in sprucing up their homes can call 403-258-1511 to book a free on-site consultation with one of Cardel's renovation experts. Cardel Renovations also has a weekly segment on the CTV Morning Live show called Cardel DesignSide. The segment airs every Thursday at 8:38 a.m.



AFTER

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BEFORE



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COMFORTABLE HOMES, URBAN LIFESTYLE

A home should always adapt to the needs of its residents, according to David Magnan, sales director of Bridgeland Crossings, a new condo development in Calgary's Bridgeland neighbourhood.

"Buyers in Calgary want comfort, but they also need convenience," Magnan says. "Bridgeland Crossings was designed to deliver that."

The development's 151 condos range from one-bedroom to two-bedroom-and-den sizes, and are priced from just \$299,900.

To increase the convenience factor, the builder, Apex Cityhomes, came up with several key features that cater to technologically savvy buyers. The kitchen and bedrooms of each unit come with combination electrical outlets that include USB plug-ins. These allow residents to charge their phone or tablet at their bedside, or use their tablet as a recipe book in the kitchen while the blender and mixer are plugged in at the same time.

"The crucial placement of extra USB plugs gives residents access to power where they need it," Magnan says. "No more fighting for space with other electrical appliances."



CONTRIBUTED

Another technological consideration that Bridgeland Crossings homes offer is the Nest Learning Thermostat, which comes built into every home. The system anticipates residents' temperature needs, including functions like leaving the heat down during the day and heating up right before residents come home from work in the evening. Frequent travellers love this

feature since it lets them turn the heat off when they are away and back on just a few hours before they come home so they arrive to a warm and cosy environment.

"Residents will be able to control the condo temperature remotely from their phones," Magnan says.

Technology aside, Bridgeland Crossings is about providing comfort and a

sense of a real home, Magnan says.

The roomy, flexible floor plans accommodate a king-size bed and come with family-sized details like a full-sized fridge.

The durable laminate flooring comes in a warm oak finish, and 100 per cent pure new wool carpeting in the bedrooms is welcome underfoot when you get up in the morning, Magnan says.

The combination of comfort and modern convenience extends to the kitchen, too. High-end stainless steel appliances by KitchenAid, Faber and Fisher Paykel ensure cooking enthusiasts are fully equipped. Gas cooktops, under-cabinet task lighting, engineered stone countertops, white tile backsplash and a double undermounted steel sink add extra panache.

Buying just got easier at Bridgeland Crossings. For a limited time only, buyers can own with just five per cent down (some conditions apply). Please call a sales representative or visit the sales centre at 824 1st Ave. NE for details. The centre is open daily (except Fridays) from noon to 6 p.m. For more, call 403-269-2805, or visit bridgelandcrossings.com.

NEIGHBOURHOOD FEEL IN THE HEART OF THE CITY

The neighbourhood of Bridgeland in Calgary has a complex personality — rooted in history, but also facing firmly toward the future, according to David Magnan, sales director of Bridgeland Crossings, a new condo development in Bridgeland.

"It's an established Calgary neighbourhood with character, but it's also right beside the city centre," Magnan says. "For Bridgeland Crossings residents, that means a real mix of established heritage buildings and businesses, alongside up-and-coming hot spots."

A crucial direct route to downtown will be opening soon nearby — the new St. Patrick's footbridge, which will be completed in fall 2014. It will connect Bridgeland to St. Patrick's Island and the East Village in downtown Calgary.

"Eau Claire Market will be just a 10-minute walk away," Magnan says.

Bonnie Bokenfohr and her husband, Kevin, just bought a penthouse suite at

A SPECIAL AREA

The neighbourhood of Bridgeland is located in a special area of Calgary, says David Magnan, sales director of the Bridgeland Crossings condo development.

Located on the north side of the Bow River across from downtown Calgary, the neighbourhood has long been the community of choice for many locals

"The accessibility to downtown, Sunnyside and Kensington is unparalleled, yet residents get to live in this pretty, community-oriented enclave," Magnan says.

Bridgeland Crossings. It was the location that sealed the deal for them, she says.

"We were looking for a place that was



CONTRIBUTED

smaller, more central and that would allow us to lead a more active lifestyle," she says. "Everybody loves Bridgeland in Calgary."

The proximity to downtown was key to their decision to buy at Bridgeland Crossings, she says.

"My husband works downtown, so now he can take the C-Train or walk to work."

The Bridgeland LRT station is just across the street from the development and a two- to four-minute ride gets you to downtown (depending on the time of day).

Closer to home, Bridgeland Crossings residents will be able to take advantage of the area's many green spaces and local independent businesses.

"The mix of small shops, restaurants

and services here really brings diversity to the area," Magnan says.

St. Patrick's Island is currently being restored by the city into a green urban oasis for Calgarians. Focal points there will include the old-growth Gallery Forest, the Playmound children's play area, the Picnic Grove and the Lookout.

When Bridgeland Crossings residents are welcoming guests into their homes, the development comes with plenty of amenities to take advantage of, including a fully equipped fitness centre, urban garden and courtyard, putting green and shared guest suite.

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MLB

Morneau ends home-run drought

Justin Morneau homered for the first time in almost two months, a two-run shot that helped the Minnesota Twins to a 7-4 victory over the Chicago White Sox on Wednesday night.

Morneau's third homer of the season followed an RBI single by Josh Willingham in the sixth off Deunte Heath after White Sox ace Chris Sale's night ended after five shaky innings. The New Westminster, B.C., native last went deep on April 28. The 2006 AL MVP has three seasons of 30-plus homers. **THE ASSOCIATED PRESS**

NBA

New Raptors GM keeping Casey

Dwane Casey will remain the Toronto Raptors head coach, holding onto his job amid a major front-office overhaul.

There had been some question regarding Casey's future in Toronto following the hiring of new GM Masai Ujiri. But Ujiri said Wednesday that Casey will be back with the Raptors for the upcoming season.

THE CANADIAN PRESS



Dwane Casey will be with the Raptors as coach to start next season. GETTY IMAGES



Bryan Bickell, left, and Jonathan Toews celebrate Brent Seabrook's overtime goal as Bruins captain Zdeno Chara, blue-liner Dennis Seidenberg and goalie Tuukka Rask look on at the end of Game 4 of the Stanley Cup final on Wednesday night in Boston. Chicago's 6-5 win tied the series 2-2. HARRY HOW/GETTY IMAGES

Blackhawks last to score in Game 4

Stanley Cup final. After climbing back numerous times in pivotal game, Bruins fall on blast from Chicago's Seabrook

Brent Seabrook scored at 9:51 of overtime to give the Chicago Blackhawks a 6-5 win over the Boston Bruins in a wild Stanley Cup final game Wednesday night.

Seabrook's shot from the point through traffic that beat Bruins goalie Tuukka Rask gives the Blackhawks, who never trailed going into overtime, a new lease of life.

Game 4

6

Blackhawks

5

Bruins

The teams are now tied at 2-2 heading into Saturday's Game 5 in Chicago.

The Bruins threw everything they had at the visitors in mounting a furious comeback but came up short in the third game of the series to go to overtime.

It was a crazy contest, crammed full of offence, momentum swings and bristling with bad blood. At times, it was like a violent all-star game.

Chicago coach Joel Quenneville's decision to reunite Jonathan Toews, Patrick Kane and

Bryan Bickell paid dividends. Toews and Kane each scored, with Michal Handzus, Marcus Kruger and Patrick Sharp getting the other Chicago goals.

But the Bruins refused to keel over. Patrice Bergeron scored twice and Rich Peverley, Milan Lucic and Johnny Boychuk added singles for Boston, which found itself behind the eight-ball all night. It was a roller-coaster ride for the crowd of 17,565 — the 164th straight full house at TD Garden — as the Bruins trailed 3-1 and 4-2.

THE CANADIAN PRESS

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Two-time CFL all-star defensive back Jonathan Hefney only has good things to say about his former team in Winnipeg. TORSTAR NEWS SERVICE FILE

Hefney casting no stones at Bombers

CFL. After being caught with pot and then cut in pre-season, veteran DB returns to the field with Stampeders

Jonathan Hefney holds no grudges against the Winnipeg Blue Bombers.

The veteran defensive back is now with the Calgary Stampeders after being released by the Bombers following four seasons with the CFL club.

Hefney, 28, was a two-time CFL all-star with Winnipeg. But the five-foot-nine, 185-pound defensive back

was arrested for marijuana possession in his native South Carolina on May 31 and didn't promptly notify Winnipeg officials of the incident.

Hefney played in Winnipeg's 24-6 exhibition loss to the Toronto Argonauts last Wednesday but was released Saturday.

"I really don't know," Hefney said about why he was let go by Winnipeg. "I just know I've got a job now."

"I'm just going to go out here and be happy and play football."

Hefney joins a Calgary squad that finished second in the West Division standings last year and went on to face Toronto in the 100th Grey Cup. With such stars as run-

ning back Jon Cornish, receiver Nik Lewis and defensive end Charleston Hughes, the Stampeders figure to again be a CFL title contender in 2013.

Last season, Winnipeg and the Hamilton Tiger-Cats finished tied for last in the East Division standings with identical 6-12 records as both clubs missed the playoffs.

"I'm really happy and excited to come to a team that just went to the Grey Cup," Hefney said. "Just looking at the offence they're explosive, nobody can really stop Nik Lewis and Jon Cornish from running the ball."

"Their defence likes to hit, they fly around ... they play everything that I think I'm about."

Hefney, a native of Rock Hill, S.C., has appeared in 60 career CFL games. He has registered 241 tackles, two sacks, 13 interceptions, six fumble recoveries and two forced fumbles.

THE CANADIAN PRESS

Taking the high road on his old team

"That's a good organization. They gave me the opportunity to play football and I'll never take that back."

Former Blue Bomber Jonathan Hefney lauds his former team despite being let go.

Toronto

Watkins back on board with Argos

CFL all-star cornerback Pat Watkins rejoined the Toronto Argonauts Wednesday and was with his teammates for the first time since the start of training camp.

The six-foot-five, 205-pound defensive back missed the start of camp while resolving personal matters in Florida.

THE CANADIAN PRESS

Regina

Trading in his Tiger-Cat stripes for Rider green

After being released earlier this week by the Hamilton Tiger-Cats, veteran running back Daryl Stephenson signed with the Saskatchewan Roughriders on Wednesday. The six-foot-two, 225-pound native of London, Ont., spent two seasons with Hamilton.

THE CANADIAN PRESS

Golf

Woods out until British Open

In little more than a month, Tiger Woods went from being tough to beat to having a tough time even playing.

Woods said Wednesday that soreness in his left elbow would keep him from defending his title next week in the AT&T National at Congressional, and that he would not compete again until the British Open next month at Muirfield.

THE ASSOCIATED PRESS

Collector grabs over \$500K for Gretzky gear



Wayne Gretzky memorabilia collector Shawn Chaulk poses with his collection at his home in Fort McMurray. JASON FRANSON/THE CANADIAN PRESS

The Wayne Gretzky of Wayne Gretzky collectors has netted big bucks for old pucks after an auction of some of his choicest memorabilia closed Wednesday.

Shawn Chaulk, a construction contractor from Fort McMurray, received more than \$500,000 for a collection of jerseys, skates, helmets, gloves and pucks used in action by the Great One.

About \$350,000 came from one item alone — the jersey Gretzky wore in the 1986-87

season when he scored his 500th NHL goal and won the Stanley Cup with the Edmonton Oilers.

Chaulk said those deals may be dwarfed by those yet to come, as private buyers sniff around what's left of what was probably the greatest Gretzky collection ever assembled.

"While we were busy auctioning this group of stuff out the front door, there was a lineup of people knocking on the back door looking for pri-

ivate deals," said Chaulk. "In one single transaction this week, I sold a group of five items for over \$100,000."

Chaulk, a 45-year-old quick-to-smile former Newfoundland, had amassed a collection that made grown men weak in the knees — memorabilia from the world's best player from the sport's last great dynasty. Chaulk doesn't plan to sell his entire stash, but he has plenty more Gretzky memorabilia for sale.

THE CANADIAN PRESS



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Lind lifts Jays to sweep of Rockies

MLB. First baseman's 3-run blast sends T.O. to its 8th win in a row

Early leads have been the norm, the pitching staff is rounding into form and confidence is growing by the day.

The Toronto Blue Jays are doing everything right these days and it's paying off with victories.

Adam Lind hit a three-run homer and Mark Buehrle (4-4) worked five effective innings as the Blue Jays defeated the Colorado Rockies 5-2 on Wednesday to extend their season-high winning streak to eight games.

Toronto's bullpen allowed just one hit over four innings of scoreless relief and Casey Janssen earned his 16th save.

"Everything is clicking



Adam Lind has had at least one hit in 19 of his last 22 starts for the Jays. TORSTAR NEWS SERVICE

right now for us," Buehrle said. "I can't pinpoint why everything is clicking but we're getting a big hit, getting a big pitch when we need to, guys are playing great defence behind us."

Toronto (35-36) completed a three-game sweep of

On Wednesday

5

Blue Jays

2

Rockies

the Rockies with the victory and moved just a game away from the .500 mark.

Neil Wagner, Brett Cecil, Steve Delabar and Janssen all worked an inning apiece.

The winning streak is the team's longest since a 10-gamer in 2008.

Lind has had at least one hit in 19 of his last 22 starts and is batting a stellar .340 on the season. It's quite a difference from a year ago, when he spent part of the season in the minors.

"It's surreal," Lind said. "Couldn't have written that script." THE CANADIAN PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

| | W | L | Pct | GB |
|-----------|----|----|------|-------|
| Boston | 44 | 30 | .595 | — |
| Baltimore | 42 | 31 | .575 | 1 1/2 |
| New York | 39 | 32 | .549 | 3 1/2 |
| Tampa Bay | 37 | 35 | .514 | 6 |
| Toronto | 35 | 36 | .493 | 7 1/2 |

CENTRAL DIVISION

| | W | L | Pct | GB |
|-------------|----|----|------|-------|
| Detroit | 39 | 31 | .557 | — |
| Cleveland | 36 | 35 | .507 | 3 1/2 |
| Kansas City | 34 | 36 | .486 | 5 |
| Minnesota | 32 | 36 | .471 | 6 |
| Chicago | 29 | 40 | .420 | 9 1/2 |

WEST DIVISION

| | W | L | Pct | GB |
|-------------|----|----|------|--------|
| Oakland | 43 | 31 | .581 | — |
| Texas | 40 | 32 | .556 | 2 |
| Seattle | 32 | 40 | .444 | 10 |
| Los Angeles | 31 | 40 | .437 | 10 1/2 |
| Houston | 27 | 46 | .370 | 15 1/2 |

Wednesday's results

Toronto 5 Colorado 2
Baltimore 13 Detroit 3
Tampa Bay 6 Boston 2
Minnesota 7 Chicago White Sox 4
Texas 9 Oakland 4
Milwaukee 3 Houston 1
Cleveland 6 Kansas City 0
N.Y. Yankees 6-0 L.A. Dodgers 4-6 (DH)
Seattle at L.A. Angels

Thursday's games

All times Eastern

Chicago White Sox (Danks 1-3) at Minnesota (Diamond 4-6), 1:10 p.m.
Oakland (Griffin 5-6) at Texas (Lindblom 0-2), 2:05 p.m.
Milwaukee (Gallardo 6-6) at Houston (Harrell 5-7), 2:10 p.m.
Tampa Bay (Moore 8-3) at N.Y. Yankees (Petititte 5-4), 7:05 p.m.
Boston (Lackey 4-5) at Detroit (Alvarez 1-0), 7:08 p.m.
Seattle (Hernandez 8-4) at L.A. Angels (Hanson 4-2), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

| | W | L | Pct | GB |
|--------------|----|----|------|--------|
| Atlanta | 43 | 30 | .589 | — |
| Washington | 35 | 36 | .493 | 7 |
| Philadelphia | 35 | 38 | .479 | 8 |
| New York | 27 | 41 | .397 | 13 1/2 |
| Miami | 22 | 49 | .310 | 20 |

CENTRAL DIVISION

| | W | L | Pct | GB |
|------------|----|----|------|-------|
| St. Louis | 46 | 26 | .639 | — |
| Cincinnati | 44 | 29 | .603 | 2 1/2 |
| Pittsburgh | 42 | 30 | .583 | 4 |
| Chicago | 29 | 41 | .414 | 16 |
| Milwaukee | 29 | 41 | .414 | 16 |

WEST DIVISION

| | W | L | Pct | GB |
|---------------|----|----|------|-------|
| Arizona | 39 | 33 | .542 | — |
| San Francisco | 37 | 34 | .521 | 1 1/2 |
| Colorado | 37 | 36 | .507 | 2 1/2 |
| San Diego | 36 | 36 | .500 | 3 |
| Los Angeles | 30 | 40 | .429 | 8 |

Wednesday's results

Cincinnati 2 Pittsburgh 1 (13 inn.)
St. Louis 4 Chicago Cubs 1
San Francisco 4 San Diego 2
Arizona 3 Miami 1
Atlanta 5 N.Y. Mets 3
Washington 6 Philadelphia 2 (11 inn.)

Tuesday's results

San Francisco 5 San Diego 4
Philadelphia 4 Washington 2
Arizona 3 Miami 2
Chicago Cubs 4 St. Louis 2
N.Y. Mets 4 Atlanta 3
Pittsburgh 4 Cincinnati 0

Thursday's games

All times Eastern

Pittsburgh (Cumpton 0-0) at Cincinnati (Bailey 4-5), 12:35 p.m.
Colorado (Oswalt 0-0) at Washington (Zimmermann 9-3), 7:05 p.m.
N.Y. Mets (Niese 3-6) at Atlanta (Minor 8-2), 7:10 p.m.
Chicago Cubs (Feldman 6-5) at St. Louis (Lynn 9-1), 8:15 p.m.
L.A. Dodgers (Fife 1-2) at San Diego (Marquis 9-2), 10:10 p.m.
Miami (Koehler 0-5) at San Francisco (Gaudin 2-1), 10:15 p.m.

NHL PLAYOFFS

STANLEY CUP FINAL

(Best-of-7 series; All times Eastern)

CHICAGO (1) VS. BOSTON (4)

(Series tied 2-2)

Wednesday's result

Chicago 6 Boston 5 (OT)

Saturday's game

Boston at Chicago, 8 p.m.

Monday's game

Chicago at Boston, 8 p.m.

BLACKHAWKS 6, BRUINS 5 (OT)

First Period

1. Chicago, Handzus 3 (Saad) 6:48 (sh)
2. Boston, Peverley 2 (Ference) 14:43 (pp)
Penalties — Oduya Chi (interference) 5:18, Keith Chi (hooking), Shaw Chi (roughing), Kelly Bos (roughing) 12:45, Horton Bos (slashing) 18:16, Keith Chi (tripping) 18:58.

Second Period

3. Chicago, Toews 2 (Rozsival) 6:33
4. Chicago, Kane 7 (Bickell, Rozsival) 8:41
5. Boston, Lucic 6 (Chara) 14:43
6. Chicago, Kruger 3 (Frolik, Bolland) 15:32
7. Boston, Bergeron 8 (Chara, Jagr) 17:22 (pp)
Penalty — Bos. bench (too many men, served by Thornton) 9:58, Kane Chi (hooking) 16:24.

Third Period

8. Boston, Bergeron 9 (Jagr) 2:05
9. Chicago, Sharp 10 (Hossa, Keith) 11:19 (pp)
10. Boston, Boychuk 6 (Horton, Krejci) 12:14
Penalties — Toews Chi (high-sticking) 8:51, Jagr Bos (high-sticking) 9:13, Krejci Bos (hooking) 10:20.

First Overtime

11. Chicago, Seabrook 3 (Bickell, Kane) 9:51
Penalties — None

Shots on goal

Chicago 12 13 16 6 —47
Boston 9 11 8 5 —33
Goal — Chicago: Crawford (W,14-7-0); Boston: Rask (L,14-6-0). Power plays (goals-chances) — Chicago: 1-4; Boston: 2-5.
Attendance — 17,565 (17,565) at Boston.

NBA PLAYOFFS

FINAL

(Best-of-7 series)

MIAMI (1) VS. SAN ANTONIO (2)

(Series tied 3-3)

Thursday's game

San Antonio at Miami, 9 p.m., EDT

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Horoscopes

Aries

March 21 - April 20

Your reaction when confronted by an obstacle is to kick it out of the way, but you must be more subtle today. You should also try to remember that other people's feelings are not always as robust as your own.

Taurus

April 21 - May 21

The best way to deal with a problem is pretend it doesn't exist. The more you focus on negative things, the more likely it is they will keep going wrong. "Positive thinking" is more than just a slogan.

Gemini

May 22 - June 21

There are far too many distractions in your life and if you want to move ahead in areas that are really important to you then you need to cut back quite ruthlessly on activities.

Cancer

June 22 - July 23

The Sun moves into your sign tomorrow and a new solar year begins, making this the ideal day to look back over the past 12 months. Whatever mistakes you made, forgive yourself and move on.

Leo

July 24 - Aug. 23

You may appear open and outgoing to the world at large but you have secrets like everyone else. One secret is likely to be revealed over the next few days. Pretend you don't care.

Virgo

Aug. 24 - Sept. 23

If you have not finished a project of some time by now, it might be best to forget about it. That is the message of the stars today and while it may sound a bit negative, it's not.

Libra

Sept. 24 - Oct. 23

When the Sun crosses the career angle of your chart tomorrow, you must turn your attention to your reputation. Could it be better? Yes, it could. You must identify how.

Scorpio

Oct. 24 - Nov. 22

In recent weeks it seems you have been cruising on autopilot but that will change with the Sun's change of signs tomorrow. Suddenly you will be more alive again. Suddenly you will be back in control.

Sagittarius

Nov. 23 - Dec. 21

Try to get your point of view across in a calm way. It will help if you are clear in what exactly it is you want to say. Make that your priority today then speak up tomorrow.

Capricorn

Dec. 22 - Jan. 20

Try to help others because the good deeds you do for them now will come back to you over the next few weeks. Above all, remember you can't always have things your own way. You have to give ground.

Aquarius

Jan. 21 - Feb. 19

There is no need to apologize for things that are not your responsibility. Someone you live or work with will try to shift the blame for a failure of some kind on to you today but you must have none of it.

Pisces

Feb. 20 - March 20

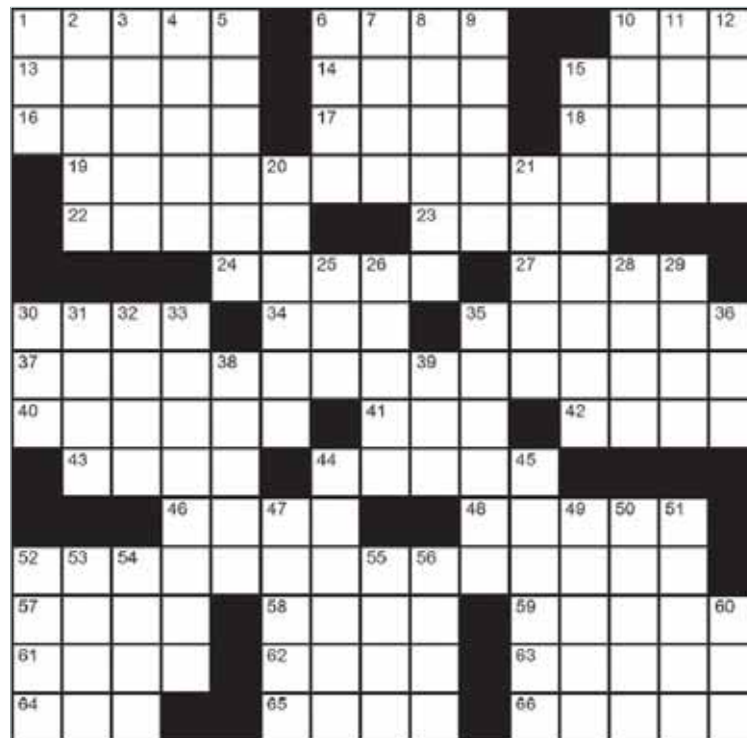
The worries of the past few weeks will begin to fade today and once the Sun moves into the most dynamic area of your chart tomorrow they should disappear altogether.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Group ruled by Odin
6. Labyrinth
10. Eye logo TV network
13. Apt
14. "Jeopardy!" host Mr. Trebek
15. Aching
16. Pub serving sizes
17. Type of tide
18. Applaud
19. Jumbo, the world famous ____, died in 1885 when hit by a train in St. Thomas, Ontario. There is a life-size statue there in his honour.
22. Thoroughly search or examine
23. Assortment
24. Ancient land
27. Some soil
30. Q-Tip, for one
34. Shoe width size
35. Rotten
37. DND = Department of ____
40. "Let's __ a day.": 2 wds.
41. Unit of weight
42. Film holder
43. Ottawa's Parliament ____
44. Tie type
46. Genuine
48. Dock
52. It's the 'kind the drugstores sell' in Gordon Lightfoot's song: 2 wds.
57. Alanis Morissette's



"__ Really Want"

58. Drifting
59. Become a green-to-yellow banana
61. Earring kind
62. Sketch, as in comedy
63. Like hosiery or mascara, maybe: 2 wds.

64. Clothe

65. Healthy
66. Zzzzz ...loudly!

Down

1. iPhone download
2. Actor Mr. Bana's
3. Kind of boom
4. Brief beginning
5. Save

6. Provides with staff

7. Sailor's sheltered side
8. Extremist
9. Officially kick out
10. Pop
11. Certain cereal
12. __-les, QC
15. Bluenose II, for one

20. "Hurry!" meaning

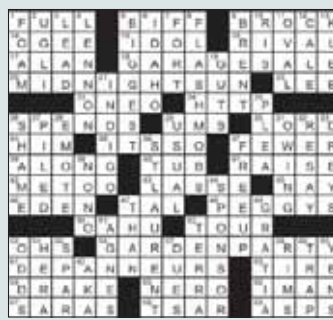
21. Rice dish
25. Thumbs-up vote
26. Pounds, as hail
28. Dermatologist patient's concern
29. House critters
30. Canadian engineering group, __ __-Lavalin

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

31. Cr-yying sound
32. Mythical Hun king
33. Northwest Coast artist, b.1920 - d.1998, whose work includes the Haida creation myth sculpture Raven and the First Men: 2 wds.
35. Fame
36. Benicio Toro link
38. Wayne Gretzky, once
39. Grumpy's co-worker
44. Yukon neighbour
45. "The Path of __ (Terms)" by Sarah McLachlan
47. Embarrass
49. Airplane: French
50. Artwork like the original, informally
51. Flower: French
52. Former
53. Choir voice
54. Promote
55. Put a 'roof' on a room
56. Pippa's royal sister
60. SSW's opposite direction

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY

MAX: 16°
MIN: 12°

FRIDAY

MAX: 16°
MIN: 5°

SATURDAY

MAX: 20°
MIN: 10°

ANDREW SCHULTZ METEOROLOGIST

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WEEKDAYS 5:30 AM



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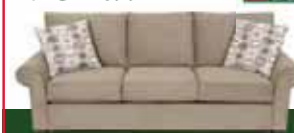
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